

GRAND LEDGE SUMMER RECREATION 2010 REGISTRATION:

Grand Ledge City Hall: February 22nd - June 4th * 8:00am-5:00pm * M-F (Drop Box Available)

Grand Ledge High School: February 24th 6:30pm-8:00pm * May 18th 6:00pm-9:00pm

Age = By June 11, 2010 * Current Grade 2009/2010 * Information 517- 627-2144 * www.grand-ledge.com

ARTS & CRAFTS June 14-July 8 M T W T H

FEE: Resident \$60.00 Non-Res \$70.00

This is a four-week program offered at Grand Ledge High School in Art Room #112, beginning on Monday, June 14th and ending on Thursday, July 8th. Classes are broken down into two separate age appropriate sessions per day and will meet Monday through Thursday each week. Come join the fun and explore a wide variety of art materials and processes. Both 2-D and 3-D art projects will be made, some of these include painting, drawing, cartooning, sculpture, ceramics, and crafts. A famous artist will be showcased each week using a story about their life and the style of art they were most noted for. Each student should bring in a new white t-shirt for a screen printing project.

Group 1 (Ages 5-8) 9:30a-11:00a

Group 2 (Ages 9-13) 12:00p-1:30p

BOYS BASKETBALL June 28-July 2 M T W T H F

FEE: Resident \$40.00 Non-Res \$50.00

This is a great opportunity for boys who want to strengthen their basketball skills.

Group 1 (Grades 1-5) 10:30a-12:30p GLHS New Gym

Group 2 (Grades 6-9) 12:30p-2:30p GLHS New Gym

GOLF ACADEMY

FEE: Resident \$50.00 Non-Res \$60.00

Session 1: June 21-24

Session 2: July 6-9

Session 3: July 19-22

Group 1 9:30a-11:20a M T W 11:00a-1:00p Th

Group 2 11:40a-1:00p M T W 11:00a-1:00p Th

This four day clinic will meet at Ledge Meadows Golf Course where instruction will be given on both the driving range and practice green. Clubs will be provided for those participants who need them. Each group will meet Monday through Wednesday of each week at the appointed time and both groups will meet together on Thursday for a day of on course games and skills challenge. If there is a rain out, each participant will receive a rain check for 9 holes which will be good anytime. There will be a minimum of 8 participants per group and a maximum of 16. If either group does not have the minimum number of participants, the groups will be combined and placed in the time slot that has the highest number of people. Open to girls and boys ages 8-18.

GYMNASTICS June 14-July 8 M T W Th

FEE: Resident \$40.00 Non-Res \$50.00

Group 1 (Beginning) 9:00a-10:00a

Group 2 (Beginning/Intermediate) 10:00a-11:00a

Group 3 (Intermediate/Advanced) 11:00a-12:00p

This four week skill building program will be open to boys and girls ages 5 to 15 and will be held in the Grand Ledge High School Alguire Room. Please register for the group that describes your child's current ability. A participant may be moved to another group if they require a different skill level.

LEAGUE BASEBALL

FEE: Resident \$40.00 Non-Res \$50.00

An organizational meeting for volunteer coaches will be held in April (TBA). Teams will be divided by school and grade level as follows; current 1st & 2nd grade playing in an instructional

league, 3rd & 4th league and 5th & 6th league. Coaches will contact players to organize practice times and locations. Late Registrations will be taken until the first week of May. Games will begin the week of June 14th and continue on for six weeks. The 3/4 & 5/6 grade leagues will end their season with play-offs that will be completed by the end of July. Open to boys and girls currently in grades 1 - 6.

LEAGUE SOFTBALL

FEE: Resident \$40.00 Non-Res \$50.00

This program will be divided into two leagues which will be grouped by school. Those girls currently in grades 3 - 5 will play together and girls currently in grades 6 - 8 will play together. Volunteer coaches are needed for all teams and will meet in late April or early May to receive information packets and equipment. The coaches will contact their teams to organize practice times and locations after that meeting. Team t-shirts are included in the fee. Open to girls currently in grades 3 - 8.

SOFTBALL (INSTRUCTIONAL) June 15-July 22 T Th

FEE: Resident \$40.00 Non-Res \$50.00

This program is designed to teach the "fun"amentals of softball and this year will include those girls currently in 1st & 2nd grades. Your child will not receive a call to be placed on a team. Participants will report directly to the varsity softball field which is near the high school track on the first night. Each participant in the clinic will receive a t-shirt which is included in the fee.

Current Grades 1 & 2 6:00p -7:15p

SCUBA DIVING INSTRUCTION

FEE: \$210.00

June 22 - Introduction Night June 24-July 22 T Th

This second year program is offered by Capital City Scuba. There will be a non-refundable fee of \$20.00 due at the introduction night which will be applied toward the total fee for the program. Certification will be awarded upon completion of course. For more information prior to the introduction night, you may contact Capital City Scuba at 517-853-9500 or browse their website www.capitalcityscuba.com. The course will be offered at the Grand Ledge High School Pool.

SUMMER SWIMMING

WATER EXERCISE June 14-July 12

FEE: Resident \$35.00 Non-Res \$45.00

No swimming skills needed. No class July 5th.

M W 8:00p - 9:30p

Drop in fee - \$4.00

OPEN SWIM June 7 - July 14

FEE: \$3.00/Person \$9.00/Family

M T W T H 1:30p - 3:30p

M W 6:00p - 8:00p. (No swim July 5th)

Must be 7yrs or older to come without an adult. We always have 2 lap lanes, one is for adults only. Now available through Ann Manning or the GLHS pool, swim tickets. You can purchase 10 individual tickets for \$25.00 or 10 family tickets for \$70.00.

SWIMMING cont.

SESSION 1 June 14 - June 24 M T W Th
9:30- 10:00 Parent & Tot, Private ½ hour
10:00-10:45 Levels: Pre-level I, Level I
10:45-11:30 Levels: Level II, Level III
11:30-12:15 Levels: Level II, Level IV, Level V, Private ¾
12:15- 1:00 Levels: Level I, Level VI, Diving

SESSION 2 June 28 - July 9 M T W Th
2nd week of this session will run Tue--Fri
9:30-10:00 Parent & Tot, Private ½ hour
10:00-10:45 Levels: Pre-level I, Level I
10:45-11:30 Levels: Level II, Level III
11:30-12:15 Levels: Level I, Level IV, Level V, Private ¾
12:15- 1:00 Levels: Level II, Level VI, Diving

SESSION 3 July 12 - July 22 M T W Th
9:30- 10:00 Parent & Tot, Private ½ hour
10:00-10:45 Levels: Pre-level I, Level I
10:45-11:30 Levels: Level II, Level III
11:30-12:15 Levels: Level II, Level IV, Level V, Private ¾
12:15- 1:00 Levels: Level I, Level VI, Diving

EVENINGS June 15 - July 15 T Th
No evening classes the week of June 28th - July 1st
6:00-6:30 Parent & Tot
6:30-7:15 Levels: Pre-Level I, Level III
7:15-8:00 Levels: Level I, Level II

LEVEL DESCRIPTIONS

(Minimum 5 years old except for Parent & Tot and Pre level I):

Parent & Tot: Ages 2-5 yrs old. This class will offer water adjustment, games, and safety. **Limit 15**

Pre Level I: This class will cost a little more but will be well worth it. It's for those children that need a little more time and understanding getting use to the water. A 4 ½ year old must be starting kindergarten in the fall. **Limit 6**

Level I: Just starting out, will learn floats, kick, glides, how to have fun and be safe in the water. **Limit 10**

Level II: Passed Level I, or able to float on own, and Kick & Fin the width of the pool. **Limit 12**

Level III: Passed Level II, or Kick & Fin length of pool, jump in deep end, crawl stroke the width. **Limit 12**

Level IV: Passed Level III, or swim crawl stroke the length of the pool, know backstroke, and how to dive. **Limit 12**

Level V: Passed Level IV, or able to swim crawl stroke, backstroke, Elem. backstroke, Treading, and Survival float for 2 minutes. **Limit 12**

Level VI: Passed Level V, or able to swim 100yds. crawl stroke, backstroke, Elem. backstroke, and Breaststroke. **Limit 12**

Diving: Only need to know how to do a basic dive off side of pool with a spring. **Limit 6**

FEES

Level 1-6	Resident \$35.00	Non-Res \$45.00
Pre Level 1	Resident \$43.00	Non-Res \$53.00
Parent/Tot	Resident \$27.00	Non-Res \$37.00
Diving	Resident \$43.00	Non-Res \$53.00
Private (1/2 hr.)	Resident \$13.00	Non-Res \$15.00
Private (3/4 hr.)	Resident \$15.00	Non-Res \$17.00

Private lessons can only be scheduled by Ann Manning. Please call the GLHS pool at 925-5373 to make these arrangements.

TRACK & FIELD June 14 - July 28 M W
FEE: Resident \$40.00 Non-Res \$50.00
Drop In: 1 Meet \$5/5 Meets \$25/Championship Meet: \$10

This program will consist of Monday night practices and Wednesday night meets at the Grand Ledge High School track, located at Beagle Middle School. Participants may sign up at any practice or meet. Paying the entire program fee will include all practices, meets, and the July 21st Championship Meet. **There will be no practice or meet the week of July 5, 2010.** Athletes will begin stretching at 6:30pm and then break into their appropriate ability levels and event groups. The coaching staff consists of 6-8 previous and current college level athletes from the Greater Lansing Area. Practices will end at 8:00pm. All meets will begin promptly at 6:30pm. Athletes will compete in the following **age (as of 07/21/10) divisions**, both male and female: 6 & under, 7 & 8, 9 & 10, 11 & 12, 13 & 14, 15 & 16, 17 & 18, 19 - 29, 30 - 39, 40 - 49, 50+. Ribbons are awarded to places 1st, 2nd, 3rd at ribbon meets. If you have any questions, please call Jeff Crowe at 517-627-9076 or email at jeffc@playmakers.com.

June 16 Track Meet: Long Jump, High Jump, Pole Vault*, Discus, Shot Put, (55m, 100m, 110m Hurdles), 70m, PARENT/ATHLETE 1 LAP WALK, Prediction Mile, 100m, 800m, 4x100m Relay, 3200m, 4x400m Relay

June 23 Ribbon Meet: Long Jump, High Jump, Pole Vault*, Discus, Shot Put, (55m, 100m, 110m Hurdles), 70m, **20m Diaper Dash (Age 2 & Under)**; CROSS COUNTRY MILE, 200m, 800m, 4x200m Relay, 3200m, 4x400m Relay

June 30 Track Meet: Long Jump, High Jump, Pole Vault*, Discus, Shot Put, (200m, 300m Hurdles), 55m, PARENT/ATHLETE 1 LAP WALK, Prediction Mile, 70m, 800m, 400m, 3200m, 4x400 Relay

July 14 Ribbon Meet: Long Jump, High Jump, Pole Vault*, Discus, Shot Put, (55m, 100m, 110m Hurdles), 100m, **20m Diaper Dash (Age 2 & Under)**; CROSS COUNTRY MILE, 200m, 800m, 4x100m Relay, 3200m, 4x400 Relay

July 21, 2010

37th ANNUAL GL SUMMER TRACK & FIELD CHAMPIONSHIP MEDAL MEET

Field events will start at 6:30pm, running events will start at 7:15pm. All events are timed finals. Medals will be awarded to the top 3 places in individual events and all members of the 1st place relay teams. Non Track & Field program members must pay an entry fee of \$10. Fee will cover the maximum of 4 events including relays. Events listed on the championship form. Rain date: July 28th.

July 28 Ribbon Meet: Long Jump, High Jump, Pole Vault*, Discus, Shot Put, (55m, 100m, 110m Hurdles), 70m, PARENT/ATHLETE 1 LAP WALK, CROSS COUNTRY MILE, 100m, 800m, 4x100m Relay, 3000m, 4x400m Relay

*Pole Vault will be conducted if qualified officials are available. Age restrictions may apply to the 3200m, hurdle, and field events.

The City of Grand Ledge will not be offering Girls Basketball or Tennis this summer.

