

# GRAND LEDGE FALL FLAG FOOTBALL

## GRADES K-3 (Fall 2010)

**OBJECTIVE:** To provide an opportunity for youths and adults to learn about and experience the game of football in a non-tackle, positive recreational environment while learning the basic principles of the game.



### TEAMS:

- ★ Kindergarten and 1<sup>st</sup> grades will play together and 2<sup>nd</sup> and 3<sup>rd</sup> grades will have separate leagues.
- ★ All teams will be assigned by the school your child attends (as much as possible).
- ★ Teams will consist of 6-10 kids.
- ★ Practice and Games:
- ★ All games will be held at Beagle Middle School.
- ★ Season will last 6 games with the first game September 12.
- ★ Games will be played on Sunday afternoons from 12:30 – 5:30
- ★ Practice will start the week of August 29th.
- ★ Practice can be held at Beagle Middle School or any other place your coach decides.

**COACHES/OFFICIALS:** We are asking for parents to volunteer to coach. The more parents helping the better for the kids. If we can get enough coaches we will split up kindergarten and first graders. The games will be refereed by Varsity or JV football players interested in youth athletics.

**PLAYING FIELD:** The field will measure 65 yds. in length, divided into two zones of 5yds. at each end and three 15 yd. zones in the middle. There will also be a 5yd end zone. Field width will be 30yds.

### PLAYING THE GAME:

Good sportsmanship	Catching the ball	Teamwork	Football stance
Rules of the game	How to take a hand off	Blocking technique	How to give a hand off
How to carry the ball	Football terminology		

### SUMMARY OF RULES:

- ★ Every player on the roster will play the same amount of plays per game
- ★ Every player on offense is eligible to receive a pass except QB
- ★ For grades K/1 - coaches will QB
- ★ For grades 2/3 - kids will be QB
- ★ Tackling is not permitted
- ★ Aggressive play with the ball carrier to secure the flag will not be permitted
- ★ All fumbles are dead ball
- ★ When the ball touches the ground the whistle will blow and the play will be over

### PARENTS:

- ★ Team shirts will be provided for players only
- ★ Good sportsmanship is expected from players and parents
- ★ For questions, comments, concerns: 627-2144
- ★ Resident Fee \$40.00 Non-Resident Fee \$50.00

### REGISTRATION:

- ★ Grand Ledge High School ✧ May 18 & 19 ✧ 6:00pm-9:00pm
- ★ Grand Ledge City Hall ✧ May 17 - August 20 ✧ 8:00am-5:00pm
- ★ Forms available at Grand Ledge City Hall or online at [www.grand-ledge.com](http://www.grand-ledge.com) after May 14, 2010